

# SubQ It!®

Evidence Based Justification for Using SubQ It! Bioabsorbable Skin Closure System		
Benefit	Evidence Supporting this Benefit	Value of this Benefit
Uses Proven technique of Set-Back Dermal sutures	Many different techniques of manual subcuticular sutures are documented. SubQ It! uses the “Set-Back Dermal” technique, first published by Kantor in 2011[1]. This technique was evaluated by Wang [2] in a prospective, randomized blinded trial published in Aug 14, 2014 which showed: superior wound eversion <b>better cosmetic outcomes</b> fewer spitting sutures	Improved patient outcomes.
Save time in the operating room	Both Bron [3] and Duteille [4] showed significant savings of time (e.g. 2 minutes for stapler versus 10-14 minutes for manual sutures) on the average when comparing absorbable staples to manual placement of absorbable sutures. SubQ It! is estimated to save one (1) minute per centimeter of incision length (or per incision for MIS procedures) when compared to manual bioabsorbable sutures.	At an average cost of \$62/minute (range: \$22 to \$133/min) [5], for OR time, SubQ It! can <b>save up to \$590 per stapler</b> including the cost of the stapler.
Reduce risk of infection	Schrufer-Poland [6] reported wound complications including infections at 3.6% for subcutaneous absorbable sutures and 14.3% for metal staples. Sharma [7] and Kobayashi [8] found that absorbable staples or absorbable sutures had less incidence of wound infection compared to metal staples and non-absorbable sutures.	Cost to treat Surgical Site Infections (SSI) average <b>\$10,443 per incident</b> [9] (range from \$400 to over \$30,000) [10].
Avoid need and cost to return to remove staples	Metal staples must be removed. This is done by a visiting nurse, or an earlier-than-needed office-visit, or even an extra day in the hospital (particularly common for C-sections[11]). In addition to the costs, patients report anxiety over having metal staples removed. SubQ It! bioabsorbable fasteners provide the benefit of not requiring removal.	<b>Savings of \$16-200, per procedure</b> direct and indirect costs of removing metal staples [12].

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Reduce risk of needle-stick	SubQ It! provides the inherent safety of a stapler over manual sutures with no added risk to patient or surgeon.	Sutures account for 19% of the 600,000 to 800,000 needle-stick injuries per year with an estimated <b>cost of \$861 per incident</b> [13].
Unique fastener minimizes tissue trauma, reduces the body's reaction to the suture	Mechanical tension on the wound has been identified as a leading cause of hypertrophic scarring [14]. The barbs of the SubQ It! fastener engage the tissue without a crushing action and are relatively far from the cut edge, where the vascular bed is undisturbed, minimizing the body's reaction to the suture.	At least one case has been reported where a patient with a history of hypertrophic scarring had excellent results when a C-section was closed with SubQ It! [15]

## References

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